

Proven practical tips.

For the safe and easy use of InstillaGel® Hydro.

Create a germ-free environment —

To prevent a transfer of germs, you should make sure that the area is as free as possible from germs. Start by washing your hands thoroughly. You can prepare all the aids you will need on a clean and sterile tray, such as a disinfectant for your hands and a disinfectant spray for the mucous membranes, as well as the syringe containing InstillaGel Hydro.

Disinfect correctly —

Before introducing InstillaGel Hydro into the urethra, you should pull back the foreskin and disinfect the opening of the urethra near the glans. After that, you should rub the urethral opening exactly one time with an unused, sterile pad that has been saturated with skin disinfecting spray. It is important to observe the exposure time for the disinfectant, as specified by the manufacturer.

Introducing and distributing InstillaGel Hydro into the male urethra —

To insert InstillaGel Hydro into the urethra, right-handed users should hold the penis with the left hand and use the syringe with the right hand. After applying a drop of InstillaGel Hydro onto the urethral opening, the tip of the syringe is carefully introduced into the urethral opening and the gel is slowly instilled into the urethra using gentle and even pressure. To ensure that the entire urethra is coated evenly with InstillaGel Hydro, hold the penis immediately behind the glans using the thumb and index finger of the left hand and hold the penis upwards. To distribute the gel optimally, use a finger of the right hand to rub along the penis from the top to the bottom.

For detailed, illustrated instructions for use and tips for administering InstillaGel Hydro, please visit: www.instillagel-hydro.com

To protect your clothing —

It is possible for some gel to leak from the urethra. It is therefore recommended to protect the underwear by wearing a liner.

